

All-Time South Jersey Sprint Medley Top-50 List

3:22.71 ... Vineland, 2002
3:22.75 ... Vineland, 2003
3:22.85 ... Camden, 2001
3:23.56 ... Willingboro, 2003
3:23.79 ... Willingboro, 2001
3:24.19 ... Bordentown, 2005
3:25.06 ... Moorestown, 2017
3:26.25 ... Absegami, 2008
3:26.75 ... Winslow Twp., 2003
3:27.10 ... Washington Twp., 2010
3:27.32 ... Oakcrest, 2014
3:27.1h ... Bridgeton, 2001
3:27.3h ... Willingboro, 1983
3:27.55 ... Washington Twp., 2009
3:27.69 ... Overbrook, 1999
3:28.55 ... Winslow Twp., 2002
3:28.63 ... Lenape, 2001
3:29.1h ... Willingboro, 1979
3:29.44 ... Rancocas Valley, 2017
3:29.5y ... Woodbury, 1978
3:29.72 ... Rancocas Valley, 2005
3:30.38 ... Washington Twp., 2000
3:30.1y ... Pemberton, 1977
3:30.3h ... Camden, 1983
3:30.3h ... Edgewood, 1983
3:30.4h ... Willingboro, 1977
3:30.45 ... Lenape, 2001
3:30.61 ... Delsea, 2011
3:30.68 ... Rancocas Valley, 2014
3:30.69 ... Rancocas Valley, 2019
3:30.70 ... Rancocas Valley, 2016
3:30.83 ... Moorestown, 2016
3:30.92 ... Willingboro, 2015
3:30.8h ... Overbrook, 1998
3:30.9y ... Williamstown, 1977
3:30.9h ... Cherokee, 2001
3:31.1y ... Pemberton, 1976
3:31.1h ... Willingboro, 1981
3:31.41 ... Washington Twp., 1999
3:31.4y ... Willingboro, 1977
3:31.5y ... Woodbury, 1979
3:31.68 ... Ocean City, 2003
3:31.69 ... Rancocas Valley, 2005

3:31.6y ... Rancocas Valley, 1974
3:31.6h ... Highland, 1989
3:31.8h ... Bridgeton, 2003
3:31.97 ... Cinnaminson, 2007
3:32.02 ... Rancocas Valley, 2013
3:32.2y ... Woodbury, 1972
3:32.2y ... Camden, 1978